handstolove.org



## **Hand Camp 2025**

## A Note from Our Founders

#### 25 Years of Hand Camp Magic!

When we hosted our very first camp in 2001, welcoming just 15 families from Florida, we never could've dreamed we'd one day be celebrating a milestone like this!

This year, 80 families came from 19 different states and collectively traveled an astonishing 33,959 miles to join us for our 25th annual Hand Camp!

We recognize that we never would have made it without the remarkably unique willingness of so many to support Hands to Love!



Take, for example, our dear friend Donna Sharlow. When called upon four short weeks before Hand Camp to make a quilt to raffle, she didn't hesitate! Or Kevin Griffin, who has provided us with our annual BBQ dinner on Saturday for ten years and now is running our food service with his all volunteer team. They served 2,578 meals during Hand Camp weekend! Or Pat Nichol, who has reliably shown up every year to photograph our families and capture Hand Camp moments for our Sunday morning slide show.

And then there's **Glenn Dickson**, a longtime friend and former board member, whose insight helped shape our vision for a sustainable non-profit in the early years. He remains one of Hands to Love's most reliable supporters and, this year, revived the beloved tradition of the art bag by sponsoring it.

This year, 231 volunteers traveled an astonishing 46,412 miles from 11 states and Canada to make this weekend possible. We are thankful to all who supported this anniversary camp and look forward to next year!

Love and Hugs, Dr. Paul and Ruthie Dell



# H2L 25th Anniversary **QUILT RAFFLE**

This one of a kind quilt, body pillow, and tote bag set will be raffled for the next 12 months to support H2L's mission of serving children with upper limb differences and their families

Purchase a raffle ticket or two for a chance to take these beautiful handmade keepsakes home! Click the link **HERE** for tickets!

> 1 Ticket = \$100 3 Tickets = \$200



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### **Adaptive Amputee Yoga**

Gainesville, FL

Kardiya Yoga Studio is located in Gainesville, FL and is working on creating an all-inclusive studio. They offer specialized classes and resources to ensure that everyone is able to join their yoga practice!

As part of their mission, they are developing an Adaptive Amputee Yoga class. This will be offered on a sliding scale (participants only pay what they are able).

### How to Donate to the Amazing Give

- 1. Click the link **HERE** to visit The Amazing Give website
- 2. Click Donate

Early Giving is now open!



Hands To Love is a 501 (c)(3) non-profit organization. We strive to provide all H2L events and activities at the lowest possible cost to our families. We rely on the donations of generous supporters like you in providing services to upper limb different youth and their families.

Thank you for helping us make a difference!

To give, click here



# AMAZING GIVE

April 24, 2025

8 a.m. to 8 p.m.

For the past several years, Hands to Love has proudly participated in **The Amazing Give**—a **12-hour online fundraising event** hosted by the **Junior League of Gainesville**. With the support of sponsors from the Gainesville community, this event gives Hands to Love the opportunity to raise vital funds to support our mission to empower children with upper limb differences and their families through resources, support, and connection.

The primary way we fulfill this mission is by hosting Hand Camp each year. To celebrate 25 years of Hand Camp, H2L hopes to raise **\$250,000 in 2025** to launch us into the next 25 years. Reaching this goal will:

- Ensure we can continue hosting Hand Camp.
- Allow us to fully relaunch Teen Camp as a separate fall camp experience exclusively for teens with upper limb differences and teen siblings, making it an independent event from Hand Camp.

### **How you Can Help:**

- GIVE: check your email for a link to H2L's donation page
- <u>FUNDRAISE</u>: click <u>HERE</u> to set up a fundraising page to share with friends and family
- SHARE: use social media to spread the word