



handstolove

“where difference does not equal disability”

“Why Are You Thankful for Hand Camp?”



Kendall - H2L Alumni & Volunteer

“I attended camp for the first time as a first grader in 2013, and I have returned every year since. I am so thankful to have grown up going to camp—H2L has played a huge role in shaping me into the individual I am today. I have been blessed with a community that continues to show up for me in so many ways beyond camp. These people push me to grow, remind me what I’m capable of, and inspire me daily.

I’ve also gained confidence in my limb difference through years of pushing my limits on the climbing towers, learning to adapt in archery, and watching other campers and AULDs (adults with upper limb differences) pursue their hobbies and careers with passion. I know everyone says this, but I truly do not know what my life would look like if we hadn’t taken a chance on H2L so many years ago.

I am so thankful I get to return as a volunteer and pour into campers the same way others poured into me. I am always excited to see both the new and returning members of the Hand Camp family. It truly is the best weekend of my year, and I know it will be yours as well!”

Ruhi - H2L Volunteer

"For the past three years, I've had the incredible opportunity to volunteer at Hand Camp as part of the Tampa Dancers team. Each year, Hand Camp is truly one of my favorite weekends! I'm so grateful for the chance to share my love of dance and movement with the amazing kids at camp and to help create an environment where everyone feels capable and confident."

Watching the campers express themselves, grow in their confidence, and support one another has been the most rewarding experience. Hand Camp has taught me that dance belongs to everyone and that movement has no limits. It has been a privilege to be part of something that celebrates inclusion, creativity, and strength.

I am so thankful to be part of the Hand Camp community. Hand Camp has genuinely changed the way I see the world and what it means to empower others."



Camper Feature

"I first learned about the statue of Hamana Kalili from the Lucky Fin Instagram, where a young woman with a hand identical to Simone's visited the statue and took photos. I never knew that the internationally recognized Shaka hand symbol originated from a man who was missing the same three fingers as Simone."

I was so moved by this, and since she had already wanted to visit Hawaii, we took her for her 13th birthday.

My prayer is that as she grows older, she will hold her Shaka hand high with pride and stop hiding it. It is amazing to know that her hand, along with the hands of so many others, shares a connection with Hamana Kalili. His pride and love for his hand helped create an international symbol."

Auressa - Camper Parent

Check out more information about the Shaka gesture [HERE](#)

OT Tip of the Month

Thanksgiving feasts are quickly approaching, with so many foods to slice and dice!

An adaptive cutting board can make a big difference for ease and safety with food prep. There are many options available, with features including: spikes to hold foods in place for cutting, built-in peelers, and choppers!



Send any questions about the OT Tip of the Month to kara@handstolove.org

VOLUNTEER APPLICATIONS

HAND CAMP & TEEN CAMP 2026



NOW OPEN

SAVE THE DATE

Giving Tuesday

Tuesday, December 2nd

Ways to Give:

01 Set Up a Recurring Donation

\$40 a month gives the gift of camp to a child with an upper limb difference

02 Become a Volunteer

Consider registering to volunteer at this year's Hand Camp on April 10-12

03 Donate to a Scholarship Fund

Our Nate Goodwin Family Travel Scholarship Fund and John Dufek Volunteer Support Fund are open to support Hand Camp

04 Share our Mission

Spread the word of Giving Tuesday to help us extend our community

About H2L

Hands To Love is a 501 (c)(3) non-profit organization. We strive to provide all H2L events and activities at the lowest possible cost to our families. We rely on the donations of generous supporters like you in providing services to upper limb different youth and their families.

Thank you for helping us make a difference!

To give, click [here](#)



Hand Camp 2026 UPDATE

Family Registration is **FULL**

Volunteer registration is **NOW OPEN!**

Click [HERE](#) to register to volunteer for Hand Camp 2026 (April 10-12)

H2L 25th Anniversary QUILT RAFFLE

**DON'T
MISS OUT!**

This one of a kind quilt, body pillow, and tote bag set will be raffled until Hand Camp 2026 to support H2L's mission of serving children with upper limb differences and their families.



Purchase a raffle ticket (or 3) for a chance to take these beautiful handmade keepsakes home! Click the link [HERE](#) for tickets!

1 Ticket = \$100
3 Tickets = \$200