



handstolove

“where difference does not equal disability”

GRiP Feature: Harlow



“For our family, Hand Camp means the world. From the parent sessions to the ropes course and everything in between, we soak up all the ‘camp experiences.’ This was our first year working with the GRiP groups, and it was truly eye-opening as to all of the adaptations they can create. We played with their Nintendo remote adaptation and the jump rope attachments, changing our perspective on several previously difficult activities for Harlow. Later in the weekend, the GRiP team from UF surprised Harlow with a bike adaptation that would allow her to hold on to both sides of the handlebars, making it much easier for her to turn as she rides. The team let her ride around with it for a bit, noticed some small changes they wanted to make, and are currently working on updating it.

Being from Oklahoma, we run into families of children with limb differences and are always so excited to share our wonderful experiences with the Hand to Love family. It’s as if the encouragement we receive from camp is a baton that we pass on to these families that have never experienced the understanding and support that H2L provides. Our family holds each and every interaction at camp close to our hearts, and we hope that others find the same love for camp.”

Daulton

GRiP Device Interest Form

[CLICK HERE](#)

GRiP is a community outreach club dedicated to engineering tools and experiences for people with limb differences. By filling out this form, you are expressing interest in working with GRiP to potentially create a custom device.

All devices are made free of charge! Examples of devices created in the past include an adaptive softball glove, an attachable drumstick, a one-handed adaptive controller, and an adaptive jump rope.



OT Tip of the Month

Back-to-school season is always full of excitement and new adventures. Here are some adaptive options that can make a big difference:

- **Slant boards** make writing and drawing tasks easier to reach and more comfortable. DIY with a three-ring binder and a clipboard!
- A **universal cuff**, such as the EazyHold, makes tricky to grasp school tools (pencils, markers, paintbrushes, or glue sticks) more manageable.
- **Table top scissors** allow for cutting with just a downward push, no opening and closing required.



Send any questions about the OT Tip of the Month to kara@handstolove.org

EM13RACE™

Adaptive Clothing Feature

CLICK TO SHOP

Alexia Michitti is a amputee soccer player and goalkeeper who became the first ever recipient of the Golden Glove at the 2024 Women's Amputee World Cup. Born without her right hand, she's also the founder of EM13RACE, an adaptive clothing brand empowering individuals with limb differences.

Click [HERE](#) to follow the founder, Alexia Michitti, on Instagram!



AULD Spotlight

"I discovered Hand Camp as an adult and have had made some amazing connections with the other AULDs every year. Hand Camp has brought many positive things to my life, but one of the biggest is feeling comfortable using adaptive devices. I use many different ones for my daily tasks, but my favorite adaptations are for hockey.

I started playing hockey as an adult and couldn't even tie my own skates when I started! Eventually, I found a lacing pattern that allows me to tie my skates myself. For far too many years, I played without adapting my hockey stick. The first adaptation I used was a handle similar to the one pictured, but it didn't move up and down the stick. The one I have now can be twisted and slid up and down to get the best hand position for passing and shooting. Once locked in place, it stays put.

For most of my life I never used adaptive devices. Either they weren't available, or I felt like I shouldn't use them. Hand Camp opened my eyes to what I could do with adaptations, and I have been able to learn so much from it!"

William Drew



About H2L

Hands To Love is a 501 (c)(3) non-profit organization. We strive to provide all H2L events and activities at the lowest possible cost to our families. We rely on the donations of generous supporters like you in providing services to upper limb different youth and their families.

Thank you for helping us make a difference!

To give, click [here](#)



IN CASE YOU MISSED IT!

Hands to Love has been awarded a \$2,500 grant from the TJ Maxx Foundation! This support will help cover registration fees for **40 campers** with upper limb differences and provide scholarships for campers' families.

Special thanks to Becky Mallon for helping us secure this opportunity!



Back to School



We would love to see your first day of school photos! DM us on Instagram @handstoloveofficial or email info@handstolove.org