



handstolove

“where difference does not equal disability”

Alumni Feature

“Hello! This is Lynie Apostolides.

I attended Hand Camp for over 4 years and have been overjoyed to watch it grow year after year. Although I graduated and have moved away, I still hold Hands to Love dear to my heart. Y’all taught me so much! One of the biggest things I learned is to help whenever and wherever I can. This year, the town where my family lives was struck by a devastating flood. This kind of flooding hasn’t been seen in hundreds of years. I wanted to help. Texans on Mission is an organization made up of volunteers that travel the States and assist with disaster cleanup. They help with mudouts, debris removal, and repairing houses and properties. I signed up to help, and ended up helping hang sheetrock (drywall) for two houses. One of the houses had 9-foot ceilings and was flooded up to 8 feet. The other house was damaged in the back. We pulled out so many nails and then hung up the sheetrock. Although it was sad to see all the loss of life and the damage that was done, it was good to see that the community and other people were so quick to help. The area still has a long way to go, but I know it will be okay.”

From Lynie’s Mom, Alycia: “It was such a blessing to be able to have Lynie be a part of H2L for all those years. She grew so much and learned so much from her experiences at Hand Camp. She is now a full-time missionary serving with YWAM out of the Dallas, Texas area. We are forever grateful to H2L!”



OT Tip of the Month

Fall is here, and so are all the fun festivals and parties!

If you're headed to a fall festival, think about bringing your own adaptation kit to make festival games work for you! Much like our adaptation kits at Hand Camp, pack a roll of Coban, an EazyHold universal cuff, and a shoelace. You'll be prepared to participate in any and all crafts and games!

If you're planning on carving a pumpkin, try this fun trick. Use cookie cutters and a rubber mallet to make perfect shapes for a fun design! This is a safer alternative to sharp cutting tools, but can also be a strategy to get the hole started for any fancy plan you have in mind!



Send any questions about the OT Tip of the Month to kara@handstolove.org

Host a **handstolove** 

Heroes

AMONG US

AERIAL DANCE CIRCUS PERFORMANCE

Watch Party

OCTOBER 24TH-26TH

Choose a time that suits your group!

Give your Friends and Family a "taste" Of Hand Camp

~ AND ~

Earn a free raffle ticket for a chance to win a H2L quilt set (\$100 value)

Prizes for

- Party with the Most People
- Biggest Fundraiser
- Best H2L Super Hero Costume
- Most Miles from H2L (Gainesville, FL)

THANKS TO OUR SPONSORS






IT'S NOT TOO LATE!

Sign up to host a Heroes Among Us Watch Party any time during the weekend of Oct.

24th-26th. Email us at

info@handstolove.org or message on social media to register (it's free)!



Nicole ALX

"The Nicole is the perfect tool for doing a range of tasks that require bearing weight on your upper limbs, such as surfing, cartwheels, handstands, push ups and yoga."



Joanie

"The Joanie is a soft, curved tool designed to scoop up a tennis ball with ease and to launch it into the sky."

Whether you're serving for fun or competing for the top prize at Wimbledon, you can use the Joanie tool to streamline your serve."

FIND KOALAA AT HAND CAMP 2026!

[CLICK HERE FOR MORE](#)

H2L 25th Anniversary QUILT RAFFLE



This one of a kind quilt, body pillow, and tote bag set will be raffled until Hand Camp 2026 to support H2L's mission of serving children with upper limb differences and their families.

Purchase a raffle ticket (or 3) for a chance to take these beautiful handmade keepsakes home! Click the link **[HERE](#)** for tickets!

1 Ticket = \$100
3 Tickets = \$200

About H2L

Hands To Love is a 501 (c)(3) non-profit organization. We strive to provide all H2L events and activities at the lowest possible cost to our families. We rely on the donations of generous supporters like you in providing services to upper limb different youth and their families.

Thank you for helping us make a difference!

To give, click [here](#)



SAVE THE DATE

HAND CAMP & TEEN CAMP 2026



APRIL | 10TH-12TH | 2026

KEYSTONE CAMP & CONFERENCE CENTER
STARKE, FL

Important Information

Family registration opens 10/27
SPOTS ARE LIMITED

First 40 to register using coupon code TJMGRANT26 gets free registration for camper with upper limb difference

New attendance limit: 5 people per family, including the child with an upper limb difference

Cost is \$75 per person: Payment plans and scholarships available (travel scholarships only available to new families)